

Johnson County Library's

# BOOKS TO GROW

Kit theme: **Self Concept**

- Book titles included:
  1. **Yay, You! Moving Out, Moving Up, Moving On** by Sandra Boynton
  2. **I Like Me!** by Nancy Carlson
  3. **Today I Feel Silly & Other Moods That Make My Day** by Jamie Lee Curtis
  4. **No Matter What** by Debi Gliori
  5. **Pouch!** By David Ezra Stein
- DVD: **Happy to be Nappy**
- CD: **Bein' With You This Way**



Additional titles available at the Johnson County Library:

**Incredible Me** by Kathi Appelt  
**Baby Can** by Eve Bunting  
**You Were Loved Before You Were Born**  
by Eve Bunting  
**When I Was Little** by Jamie Lee Curtis  
**The Biggest Best Snowman** by Margery  
Cuyler  
**Just Like You** by Jan Fearnley  
**Koala Lou** by Mem Fox  
**Giraffes Can't Dance** by Andreae Giles  
**Dog Eared** by Amanda Harvey

**The Growing Story** by Ruth Krauss  
**I Am Me** by Karla Kuskin  
**His Mother's Nose** by Peter Maloney  
**New Socks** by Bob Shea  
**I'm the Biggest Thing in the Ocean** by  
Kevin Sherry  
**Lucky Russell** by Brad Sneed  
**I'm a Pig** by Sarah Weeks  
**Noisy Nora** by Rosemary Wells  
**Unlovable** by Dan Yaccarino

See the back for activities to help children with these 6 by 6 *Ready to Read* early literacy areas:

*Have Fun With Books*  
*Notice Print*  
*Talk, Talk, Talk*

*Tell Stories*  
*Look for Letters*  
*Take Time to Rhyme*

## Activity Ideas - Self Concept

### My Favorite Things

Have children look for pictures in magazines or draw pictures of some of their favorite things. Ask them questions about their pictures. Talk about the pictures. Glue them onto a paper titled.....MY FAVORITE THINGS. Conversation enriches language and develops readers.

After reading the book **Yay, You**, have your child listen closely to the words *out*, *up* and *on*. Think of some words that rhyme with and are in the ‘sound family’.

Ex: out and shout; up and cup; on and for the cat.” “I sometimes wear a hat.”

Find rhymes for other words in the book like “cold”, “fast”, and “slow”.

After listening to **Being With You This Way**, talk about the things about each of us and are the same . . . and different.

After reading **Today I Feel Silly**, have children put on pretend ‘masks’ of what it looks like to be angry, joyful, surprised, silly and more.

### If You’re Happy and You Know It

If you’re happy and you know it clap your hands,

If you’re happy and you know it clap your hands.

If you’re happy and you know it  
Then your face will surely show it,

If you’re happy and you know it clap your hands.

Continue with

If you’re happy and you know it stomp your feet

...

If you’re happy and you know it nod your head .

..

Then try

If you’re silly and you know it make a face, etc.

### Two Little Feet

Two little feet go tap, tap, tap,

Two little hands go clap, clap, clap,

A quick little leap up from the chair;

Two little hands fly up in the air.

Two little fists go bump, bump, bump,

Two little feet go jump, jump, jump,

One little body turns round, round, round,

And one little child sits quietly down

### I Have Ten Little Fingers

I have ten little fingers and they all belong to me,

I can make them do things-would you like to see?

I can shut them up tight, I can open them wide,

I can put them together, I can make them all hide.

I can shake them up high,

I can shake them down low.

I can put them together

And hold them just so.

### Hands on Shoulders

Hands on shoulders,

hands on knees.

Hands behind you,

if you please;

Touch your shoulders,

now your nose,

Now your hair and now your toes;

Hands up high in the air,

Down at your sides, and touch your hair;

Hands up high as before,

Now clap your hands, one-two-three-four!

