

Johnson County Library's

BOOKS TO GROW

Kit Theme: **Getting Dressed**

- Book titles included:

1. **SHOES FROM GRANDPA** by Mem Fox
2. **THE MITTEN** by Jan Brett
3. **MAX'S DRAGON SHIRT** by Rosemary Wells
4. **JESSE BEAR WHAT WILL YOU WEAR?** by Nancy Carlstrom
5. **THE PHILHARMONIC GETS DRESSED** by Karla Kuskin

- Video:

PRESCHOOL POWER: JACKET FLIPS AND OTHER TIPS

- Audio:

THE EMPEROR'S NEW CLOTHES

Additional titles available at the Johnson County Library:

AARON'S SHIRT by Deborah Gould

ANIMALS SHOULD DEFINITELY NOT WEAR CLOTHING by Judi Barrett

I LIKE OLD CLOTHES by Mary Ann Hoberman

THE JACKET I WEAR IN THE SNOW by Shirley Neitzel

MARTIN'S HATS by Joan Blos

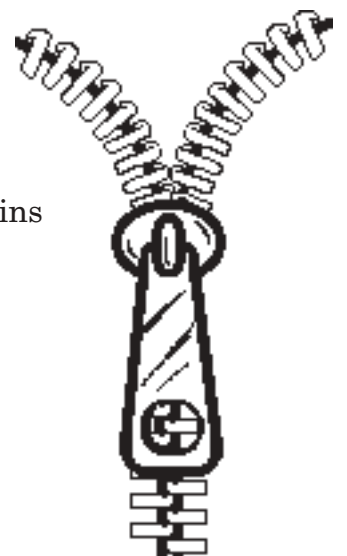
MARY WORE HER RED DRESS by Merle Peek

MISTER MOMBOO'S HAT by Ralph Leemes

SHOES by Elizabeth Winthrop

YOU'LL SOON GROW INTO THEM, TITCH by Pat Hutchins

WEAR IT! by Henry Pluckrose



Activity Ideas – Getting Dressed

- Have a dressing relay race. Put a hat, jacket, gloves and scarf onto a chair. The children run to the chair, put the clothes on, take them off and run back to the next child who then takes a turn. Older children can be separated into competing teams, while younger ones can do it just for fun. (from Marcy Conley)
- Poke holes in a clean styrofoam meat tray. Give children shoe laces or string with tape on the end. Use the trays as sewing cards to help children develop the muscle control they need to zip, snap, button and tie themselves.
- Provide dress-up clothes with buttons, zippers, snaps and ties to give children an opportunity to practice these skills without the pressure of getting dressed.
- What kind of clothes tell you something about the wearer, like in **The Philharmonic Gets Dressed?** Policeman, postman, doctor, etc.?
- Let children experiment with putting clothes on in a silly way, like mittens on ears and shoes on the wrong feet.
- Substitute your children's names and clothing in the **Mary Wore Her Red Dress** song.

BUTTON THE BUTTONS

Button the buttons, snap the snaps,
Hook the hooks and zip the zippers.
Tie the ties and strap the straps,
And clasp the clasps and slip the slippers.
Buckle the buckles and
Pin the pins and
Lace the laces and
Loop the loops and
Lock the locks and
Belt the belts and
Brace the braces.
What I like best is my own skin,
That is the dress I'm always in.
(From Higglety Pigglety Pop!)

THIS IS THE WAY

This is the way we
put on our shirt,
put on our shirt,
put on our shirt.
This is the way we
put on our shirt,
so early in the morning.

This is the way we
button our top,
etc.

This is the way we
pull on our pants,
etc.

This is the way we
tie our shoes,
etc.



JOHNSON COUNTY LIBRARY

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