

BOOKS TO GROW

Kit theme: **FOOD**

- Book titles included:
 1. **The Very Hungry Caterpillar** by Eric Carle
 2. **Eating the Alphabet** by Lois Ehlert
 3. **Food for Thought** by Saxton Freymann
 4. **A Dog Needs a Bone** by Audrey Wood
 5. **How Do Dinosaurs Eat Their Food?** By Jane Yolen
- DVD: **Pete's a Pizza**
- CD: **Blueberries for Sal**

Additional titles available at the Johnson County Library:

Whose Food Is This? by Nancy Kelly Allen
I'd Really Like to Eat a Child by Sylviane Donnio
Eating the Alphabet and **Growing Vegetable Soup** by Lois Ehlert
Lunch by Denise Fleming
Fast Food and **How Are You Peeling?** By Saxton Freyman
Little Red Hen by Paul Galdone
The Beastly Feast by Bruce Goldstein
Orange Pear Apple Bear by Emily Gravett
Mouse Went Out to Get a Snack by Lyn Rossiter McFarland
If You Give a Mouse a Cookie by Laura Joffe Numeroff
Mouse Mess by Linnea Asplind Riley
Little Pea by Amy Krouse Rosenthal
Gregory the Terrible Eater by Mitchell Sharmat
Apple Pie that Papa Baked by Lauren Thompson
Two Eggs Please by Sarah Weeks
Little Mouse, Red Ripe Strawberry and the Big Hungry Bear by Don Wood



See the back for activities to help get children get ready to read with these 6 by 6 early literacy areas:

Have Fun With Books

Notice Print

Talk, Talk, Talk

Tell Stories

Look for Letters

Take Time to Rhyme

ACTIVITY IDEAS –

- Serve alphabet cereal for snacks. Encourage children to say the name of the letter before eating it. Can they find the first letter of their name? What foods do they like that begin with that letter sound? This is a delicious way to look for letters.
- Let children cut out pictures of many different kinds of food. Name them. Sort them into food groups. Sort them into likes and dislikes and let them talk about why they like or dislike. Children with language-rich environments find it easier to learn to read.
- Sing *Apples and Bananas* (below). This nonsense song helps children hear the smaller sounds in words, an important part of learning to read.

Apples and Bananas

I like to eat, eat, eat apples and bananas
I like to eat, eat, eat apples and bananas.

I like to ate, ate, ate ay-ples and bay-nay-nays
I like to ate, ate, ate ay-ples and bay-nay-nays.

I like to eet, eet, eet ee-ples and bee-nee-nees
I like to eet, eet, eet ee-ples and bee-nee-nees.

I like to ite, ite, ite i-ples and by-ny-nys
I like to ite, ite, ite i-les and by-ny-nys.

I like to ote, ote, ote oh-ples and bon-no-nos
I like to ote, ote, ote oh-ples and bon-no-nos.

I like to ute, ute, ute up-les and bununus
I like to ute, ute, ute up-les and bununus.
From: [The Complete Book of Rhymes, Songs, Poems, Fingerplays, and Chants](#) by Jackie Silburg. Gryphon House, 2002, p. 25.

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Pudding on a Plate

(act it out!)
Pudding on a plate, pudding on a plate
Wibble wobble, wibble wobble
Pudding on a plate.

Candies in a jar, candies in a jar
Shake 'em up, shake 'em up
Candies in a jar.

Candles on a cake, candles on a cake
Blow 'em out, blow 'em out
Candles on a cake.

From: [Early Literacy Storytimes @ Your Library](#) by Saroj Nadkarni Ghoting. American Library Association, 2006, p. 74.

Who Stole the Cookies From the Cookie Jar?

Group: Who stole the cookies from the cookie jar?
(Jimmy) stole the cookies from the cookie jar.
Jimmy: Who me?
Group: Yes, you!
Jimmy: Not me!
Group: Then who?
Jimmy: Linda stole the cookies from the cookie jar.
Linda: Who me?
Group: Yes, you!
(And so on)

From: [Complete Book of Rhymes...](#), p. 4