

Johnson County Library's

BOOKS TO GROW

Kit theme: **BEDTIME**

- Book titles included:
 1. **Hickory, Dickory Dock** by Keith Baker
 2. **Llama, Llama Red Pajama** by Anna Dewdney
 3. **Rabbit Pie** by Penny Ives
 4. **Squeaky Door** by Margaret Read MacDonald
 5. **Time To Say Goodnight** by Sally Lloyd-Jones

• DVD: **How Do Dinosaurs Say Goodnight?**

• CD: **Goodnight Moon**

Additional titles available at the Johnson County Library:

Where Do I Sleep? by Jennifer Blomgren

Tiger Can't Sleep by S. J. Fore

Sleepy Bears by Mem Fox

Shhhhh! Everybody's Sleeping by Julie Marques

Song of Night : It's Time to Go to Bed by Katherine Nakamura

Clara and Asha by Eric Rohmann

Goodnight Gorilla by Peggy Rathmann

Sleep, Black Bear, Sleep by Jane Yolen



See the back for activities to help children with these 6 by 6 *Ready to Read* early literacy areas:

Have Fun With Books

Notice Print

Talk, Talk, Talk

Tell Stories

Look for Letters

Take Time to Rhyme

Activity Ideas

Bring a flashlight to your child's room and darken their room a little. Start telling a story about things in their room and have them help tell the story by naming different objects that you point out with the light of the flashlight. Let your child name the objects and help tell the story. A simple activity like this helps children with two important early literacy skills: **vocabulary building** and **narrative**. Children that help tell stories begin to understand sequencing which leads to comprehension.

Have your child make up silly sentences using rhyming words.

Suggest simple starting words like: Cat Frog Pig

This is a fun activity to do with the book *Llama, Llama, Red Pajama*. Recognizing words that rhyme is an important skill - called **phonological awareness** - that helps children figure out new words once they start to read.

Rock a Bye Baby

(with actions to go with the words)

Rock-a-bye, baby

Forward and back

In the treetop

The cradle she swings

When the wind blows

And though baby sleeps

The cradle will rock

He hears what she sings

When the bough breaks

The cradle will fall

From the high rooftops

And down will come baby

Down to the sea

Cradle and all

No one's as dear

As baby to me

Baby is drowsing

Wee little fingers

Cosy and fair

Eyes wide and bright

Mother sits near

Now sound asleep

In her rocking chair

Until morning light

Blanket Colors

(Have your child guess the color)

I once had a blanket,

I once had a blanket

At the foot of my bed.

It was fluffy and new.

I once had a blanket ,

I once had a blanket,

It's color was _____.(red)

And it's color was _____. (blue)

I once had a blanket,

I once had a blanket ,

Soft as a pillow.

The prettiest I've seen.

I once had a blanket,

I once had a blanket,

It's color was _____.(yellow)

And it's color was _____.(green)



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Library

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