



## *Romance* **ON THE ROCKS?**

### **Materials to Strengthen Intimate Relationships**

#### **152.47 Lerner**

Lerner, Harriet Goldhor. **The Dance of Anger: A Woman's Guide to Changing the Patterns of Intimate Relationships**

Lawrence, Kansas psychologist Dr. Harriet Lerner teaches women to identify the true sources of anger and to use it as a powerful vehicle for creating meaningful and lasting change. **CD Audio and Downloadable Audiobook versions also available.**

#### **155.924 Leman**

Leman, Kevin. **The Birth Order Connection: Finding and Keeping the Love of Your Life**

Can birth-order mismatches wreck relationships? Leman guides singles and couples in avoiding conflicts and creating true, lasting intimacy.

#### **158.2 Beattie**

Beattie, Melody. **Codependent No More: How to Stop Controlling Others and Start Caring for Yourself**

Shares case studies of codependency, tells how to stop being caught up in other peoples' problems, and gives advice on handling one's emotions.

#### **158.2 Buscaglia**

Buscaglia, Leo F. **Loving Each Other: The Challenge of Human Relationships**

Buscaglia offers tools required to master the complications of relationships, challenging us to treat relationships as living things.

#### **158.2 Cutter**

Cutter, Rebecca. **When Opposites Attract: Right Brain/Left Brain Relationships and How to Make Them Work**

A couples' therapy approach from a non-gender bound perspective, stating, among other things, that people who favor their left brain are more analytical and people who favor their right brain are more spontaneous. Shows these couples how to interact more effectively.

#### **158.2 Goleman**

Goleman, Daniel. **Social Intelligence: The New Science of Human Relationships**

A synthesis of the latest findings in biology and brain science, revealing how we are "wired to connect," and the surprisingly deep impact of our relationships on every aspect of our lives. **CD Audio version also available.**

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**248.844 Coughlin**

Coughlin, Paul T. **Married But Not Engaged**

The author of **No More Christian Nice Guy** and his wife offer this guide to help women understand emotionally absent men, using biblical texts to illustrate the message.

**302 Tannen**

Tannen, Deborah. **You Just Don't Understand: Women and Men in Conversation**

Explores in depth the differing styles men and women articulate, and how to work through it and get to the heart of the matter.

**305.4886 Guzman**

Guzman, Sandra. **The Latina's Bible: The Nueva Latina's Guide to Love, Spirituality, Family and La Vida**

Former editor-in-chief of *Latina* magazine offers dating tips, marriage advice and more specially geared towards Latinas.

**306.7 Grant**

Grant, Gwendolyn Goldsby. **The Best Kind of Loving: A Black Woman's Guide to Intimacy**

A psychologist and advice columnist for *Essence* magazine uncovers solutions for dealing with the special pressures, expectations, and love concerns troubling black women.

**306.7 WeinerDavis**

Weiner-Davis, Michele. **The Sex-Starved Marriage: A Couple's Guide to Boosting Their Marriage Libido**

Learn how to keep the flame of desire burning and find the inspiration, encouragement, and answers you need to find your way out of a sex-starved marriage.

**306.7084 Wolley**

Wolley, Robert. **Seniors in Love: A Second Chance for Single, Divorced and Widowed Seniors**

Full of practical guidance for seniors seeking a successful second chance at romantic love.

**306.73 Harris**

Harris, Joshua. **I Kissed Dating Goodbye**

Offers teens and young adults solid, biblical alternatives to the cultural dating game and reveals how they can thrive in a biblical life-style of love, purity, and purposeful singleness.

**306.73 Vitzthum**

Vitzthum, Virginia. **I Love You, Let's Meet: Adventures In Online Dating**

Explores the pitfalls, opportunities, and contradictions of online dating through sixteen real-life stories of online daters.

**306.7340 Izrael**

Izrael, Jimi. **The Denzel Principle: Why Black Women Can't Find Good Black Men**

Upholds the stereotype of Denzel Washington as a model of ideal masculine character while sharing advice on how women can set more realistic and satisfying standards.

**306.766 Chernin**

Chernin, Jeffrey N. **Get Closer: A Gay Men's Guide to Intimacy and Relationships**

Helps gay men assess their readiness for a relationship and how to find a likely partner, providing strategies that enhance one's ability to maintain intimate connections.

**306.7663 Burch**

Burch, Beverly. **On Intimate Terms: The Psychology of Difference in Lesbian Relationships**

Argues that lesbian relationships are not patterned after heterosexual ones. Suggests lesbians find a complementary partner who is different in some individually meaningful way, but not necessarily in terms of gender.

**306.84 Crohn**

Crohn, Joel. **Mixed Matches: How to Create Successful Interracial, Interethnic, and Interfaith Relationships**

Psychotherapist Crohn helps couples from different racial, ethnic, and faith backgrounds build stronger relationships.

**306.848 Savage**

Savage, Dan. **The Commitment: Love, Sex, Marriage, and My Family**

A sex-advice columnist's memoir that describes the legal and personal ramifications stemming from his own efforts to pursue a faithful relationship with his male partner.

**392.6 Vatsyaya**

Vatsyayana. **The Kama Sutra of Vatsyayana**

From the ancient Hindu text, a frank and rapturous meditation on human bodies and the pleasures they can give each other.

**616.692 Domar**

Domar, Alice D. **Conquering Infertility: Dr. Alice Domar's Guide to Enhancing Fertility and Coping with Infertility**

Shows women how to work their way through the medical options and deal with the psychological implications that can wreck an infertile couple's relationship.

**616.8582 Mason**

Mason, Paul T., M.S. **Stop Walking on Eggshells: Taking Your Life Back When Someone You Care about Has Borderline Personality Disorder**

Discusses the signs and symptoms of borderline personality disorder and explains how the families and friends of patients can cope with BPD behavior while taking care of themselves.

**616.8583 Bass**

Bass, Ellen. **The Courage to Heal: A Guide for Women Survivors of Child Sexual Abuse**

Explains how insight and the development of new healthy attitudes and behaviors can help victims of childhood sexual abuse change their lives, discussing self-esteem, sex, and parenting.

**616.8583 Sewell**

Sewell, Joan. **I'd Rather Eat Chocolate: Learning to Love My Low Libido**

First-time author Sewell's personal account of her quest to find sex advice that is not solely based on the ideals of men.

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**646.77 DeAngelis**

De Angelis, Barbara. **Are You the One For Me?: Knowing Who's Right & Avoiding Who's Wrong**

Through the use of quizzes, lists and anecdotes, De Angelis helps people who have been burned by past bad relationships avoid making the same mistakes in current ones.

**646.77 Furman**

Furman, Leah. **Single Jewish Female: A Modern Guide to Sex and Dating**

Gives frank advice on what it means to be Jewish in today's singles' scene.

**646.77 Greenwald**

Greenwald, Rachel. **Find a Husband after 35 Using What I Learned at Harvard Business School: A Simple 15-Step Action Program**

A relationship counselor shares her creative, although somewhat reactionary, approach to finding a husband after age 35 using tactics she learned at Harvard Business School.

**646.77 Kirschner**

Kirschner, Diana Adile. **Love in 90 Days: The Essential Guide to Finding Your Own True Love**

Outlines a program for finding romantic love, counseling women on how to take an empowered approach to ending self-sabotaging dating habits.

**646.77 Shockley**

Shockley, Talmer. **The Love-Shy Survival Guide**

This guide for individuals who suffer from love-shyness explores ways to cope with the anxiety of starting a romantic relationship, make dating enjoyable, and maintain relationships.

**646.78 Chapman**

Chapman, Gary D. **The Five Love Languages: How to Express Heartfelt Commitment to Your Mate**

Dr. Chapman, a Baptist pastor, reveals how different people express love in different ways. Learn the language to express your love and feel truly loved in return. **CD Audio, Large Print, and Spanish Language versions also available.**

**646.78 Smith**

Smith, Robin L. **Lies at the Altar: The Truth about Great Marriages**

Psychologist and *Oprah* regular, Smith, reveals how to turn vows made at the altar into realistic plans for a long and happy marriage. **CD Audio version also available.**

**646.78 Wade**

Wade, Donna J. **I Want a Baby, He Doesn't: How Both Partners Can Make the Right Decision at the Right Time**

Advice for the couple whose relationship is struggling over the decision whether or not to have a child.

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