



JOURNEYS EAST

ASIAN HERITAGE NONFICTION BIBLIOGRAPHY

181 Ramprasa 2005

Ram-Prasad, Chakravarthi. **Eastern Philosophy.**

The author attempts to summarize 3000 years of Indian, Chinese, and Japanese philosophy.

200.95 Sacred 1996

Littleton, C. Scott. **The Sacred East: an Illustrated Guide to Buddhism, Hinduism, Confucianism, Taoism and Shinto.**

This illustrated catalog and guide to the above mentioned religions brings them to life.

CD 294 Prothero 2005

Prothero, Stephen R. **Religions of the East: Paths to Enlightenment.**

The main focus of this CD set is to cultivate basic literacy of the principal religions of Asia: Hinduism, Buddhism, Confucianism, Daoism.

299.51113 Yang 2005

Yang, Lihui. **Handbook of Chinese Mythology.**

This work provides an introduction to mythology developed in China, and provides timelines, deities, themes, concepts, glossary, print and nonprint resources.

398.2 Spagnoli

Spagnoli, Cathy. **Asian Tales and Tellers.**

Folk tales from all the countries of Asia share common themes, and many storytellers and styles, as well as storytelling tools from Asian countries are included.

398.2095 Storm 2000

Storm, Rachael. **Asian Mythology: Myths and Legends of China, Japan, Thailand, Malaysia and Indonesia.**

Abundant photos and reproductions of silk screens, statuary, tapestries and paintings illustrate the richness of Asian mythology, presented here in encyclopedia format.

DVD 641.595 Asian Royal

Seung, Chung Yon. **The Royal Repast.**

The special dishes that once graced the tables of royalty are still found throughout Asia today, and welcome the reader to a different world of food, fit for a king.

641.595 Food

Ling, Kong Foong. **The Food of Asia: Authentic Recipes from China, India, Indonesia, Japan, Singapore, Malaysia, Thailand and Vietnam.**

The beautiful, colorful presentations and easy recipes invite trying these eclectic recipes from a multitude of countries.

726 Nan 10/2007

Nan, Shun-xun. **China's Sacred Sites.**

These incredible photographs of temples and sacred structures, are organized by landscape feature—summits, cliffs, caves, mountains and mountainsides, riversides and lakes.

759.952 Twelve

Hirabayashi, Moritoku. **Twelve Centuries of Japanese Art from the Imperial Collections.**

Not seen until 1992, this selection of seventy-six paintings and works of calligraphy from the Imperial Household showcase the art of Japan from the ninth through the twentieth century.

792.095 Freund 2005

Freund, Philip. **Oriental Theatre: Drama, Opera, Dance and Puppetry in the Far East.**

Traditional and modern influences of theatre in more than ten Asian countries is presented , touching on their great traditions in opera, drama, dance and puppetry while exploring more modern theatrical expression, yet remaining uniquely Eastern.

915.9 Vietnam 2007

Lonely Planet Publications. **Vietnam, Cambodia, Laos & the Greater Mekong.**

Lonely Planet's 1st edition of this publication stresses absorbing the local sites and cultural while treading very lightly on the planet. Very thorough coverage for the budget traveler.

Video 915.95 Mystical

International Video Network. **Mystical Malaysia: Land of Harmony.**

This exploration of Malaysia begins in the capital, Kuala Lumpur, and treks through jungles and climbs peaks, revealing the beautiful landscape and heritage of the country.

951 China

Bailey, Alison. **China: People, Place, Culture, History.**

The incredible photographs take readers through this enormous country, sampling landscapes, daily life, timelines, dynasties, cultural icons, herbal and traditional medicine, urban landscapes, religions and traditions.

951.024 What

Editors of Time-Life Books. **What Life Was Life In the Land of the Dragon: Imperial China AD 960-1368.**

The vastness of China's history and heritage is condensed into a manageable time frame, illustrating the life and customs with period paintings, sculptures, drawings, and calligraphy.

951.249 Davison 1998

Davison, Gary Marvin. **Culture and Customs of Taiwan.**

Beginning with a chronology, this book proceeds to cover land and history, architecture, festivals, music and dance, arts and culture, marriage, family, and gender, etc., providing a framework of heritage and tradition that shapes the culture of Taiwan.

DVD 951.5 Tibet

Peosay, Tom. **Tibet: Cry of the Snow Lion.**

This journey to the "rooftop of the world", has all the attendant and rarely seen icons of Tibet—remote monasteries, horse races, the Himalayas and yak caverns, masked dances, and the Dalai Lama.

952.1864 Dougill 2006

Dougill, John. **Kyoto: a Cultural History.**

The original capital of Japan, Kyoto, encompasses all of Japan—history, politics, and art.

954 Tammitta

Tammitta-Delgoda, Sinharajha. **A Traveller's History of India.**

4000 years of history, art, politics and religion is expertly summarized in this hand-sized paperback, with enough information to help the reader/traveler conversant with the country.

959.86 Pringle 2004

Pringle, Robert. **A Short History of Bali: Indonesia's Hindu Realm.**

The Indonesian province of Bali and its history, government, culture, and traditions are thoroughly covered in this succinct guide.

