



Johnson County
Library

Achoo!

Colds, Flu, and Other Communicable Diseases

WATCH:

DVD 614.5 Typhoid 21-DAY

Typhoid Mary, the Most Dangerous Woman in America

In 1906 it was first discovered that humans could transmit typhoid fever. This DVD dramatizes the outbreak and profiles cook Mary “Typhoid Mary” Mallon.

DVD 614.518 Influenza 21-DAY

Influenza, 1918

In the spring of 1918, an army private was diagnosed with the flu, an illness doctors knew little about. By the end of WWI, America had a flu epidemic that killed 675,000 people.

DVD 614.549 Paralyzi 21-DAY

A Paralyzing Fear: The Story of Polio in America

Documentary telling the story of America's battle against polio.

DVD 614.57 Ebola 21-DAY

Ebola, the Plague Fighters

An investigation into the deadly Ebola virus and the 1995 outbreak of the disease in Zaire.

DVD 616.9792 Pandemic 21-DAY

Pandemic: Facing AIDS

Takes us around the globe to reveal stories of people who have been touched by AIDS

DVD 914 Romania 21-DAY

Romania, Transylvania

A little chicken soup might help a cold. From the **Savoring Europe** nutritional anthropology series, learn how to make homemade chicken soup the Old World way.

LISTEN or READ:

614.4 Alcabes

Alcabes, Philip. **Dread: How Fear and Fantasy Have Fueled Epidemics from the Black Death to Avian Flu**

Alcabes examines epidemics through history to show how they reflect the particular social and cultural anxieties of their times.

614.4 Global Global Epidemics

Addresses notable epidemics in human history, including the prevention, control, and eradication of epidemic outbreaks as well as their psychological and economic impact.

614.4 Markel

Markel, Howard. **When Germs Travel: A Doctor's Stories of "Imported" Disease**

The U.S. government's response to six epidemics that devastated America, and why the U.S. continues its tradition of blaming newcomers for many of its physical and social ills.

614.409 Karlen

Karlen, Arno. **Man and Microbes: Diseases and Plagues in History and Modern Times**

Uncovers the ills of ancient hunter-gatherers, relating the rise of diseases that came with each domesticated species, and exposes the origins of modern urban epidemics.

614.43 Morris

Morris, Robert D. **The Blue Death: Disease, Disaster, and the Water We Drink**

An environmental epidemiologist chronicles the story of our drinking water—from leaking water mains, constantly evolving microorganisms, and the looming threat of bioterrorism.

614.49 Wills

Wills, Christopher. **Yellow Fever, Black Goddess: The Coevolution of People and Plagues**

Wills explains that when we alter nature in such ways as burning forests and disrupting the food chain, human beings unwittingly unleash diseases by destroying their host resources.

614.5123 Salisbur

Salisbury, Gay. **The Cruellest Miles: The Heroic Story of Dogs and Men in a Race Against an Epidemic**

A few chosen Eskimo drivers and their teams of sled dogs race across the wilderness to deliver the serum needed in Nome during a diphtheria epidemic.

614.514 Johnson Steven

Johnson, Steven. **The Ghost Map: The Story of London's Most Terrifying Epidemic-- And How It Changed Science, Cities, and the Modern World**

An account of the worst cholera outbreak in Victorian London, exploring the solution that revolutionized the way we think about disease, cities, science, and the modern world. **CD Audio also available.**

614.518 Barry

Barry, John M. **The Great Influenza: The Epic Story of the Deadliest Plague in History**
Politicians and military commanders of World War I, focusing upon a different type of enemy, ignored warnings from scientists and so fostered conditions that helped the virus kill. **CD Audio also available.**

614.546 Tayman

Tayman, John. **The Colony**

Reveals the untold history of the infamous American leprosy colony on Molokai and the extraordinary people who struggled to survive under horrific circumstances. **CD Audio also available.**

CDAUDIO 614.549 Oshinsky

Oshinsky, David M. **Polio: An American Story**

This comprehensive and gripping narrative covers all the challenges, characters, and controversies in America's relentless struggle against polio.

614.57 Preston

Preston, Richard. **The Hot Zone**

A secret military SWAT team of soldiers and scientists is mobilized to stop an outbreak of the ebola virus. Gives an account of rare viruses and their “crashes” into the human race.

614.5732 Moote

Moote, A. Lloyd. **The Great Plague: The Story of London's Most Deadly Year**

Investigate how Londoners lived through the Great Plague of 1665, how they decided whether to stay or try to escape to the countryside, and how they maintained a semblance of normality.

616.2 Greenfel

Greenfeld, Karl Taro. **China Syndrome: The True Story of the 21st Century's First Great Epidemic**

This scientific thriller takes readers on a ride that blows through the Chinese government's effort to cover up the SARS disease that broke out in January 2003.

616.205 Janse

Janse, Allison. **The Germ Freak's Guide to Outwitting Colds and Flu: Guerilla Tactics to Keep Yourself Healthy At Home, At Work, and In the World**

Useful information if you hate public restrooms, push elevator buttons with your elbow and prefer the scent of Purell to perfume. It also offers a great laugh.

616.9362 Rocco

Rocco, Fiammetta. **The Miraculous Fever Tree: Malaria and the Quest for a Cure That Changed the World**

Engaging narrative traces the history of quinine and its role in the development of modern anti-malaria pills.

616.951 Sexually

Sexually Transmitted Diseases Sourcebook

This collection contains 108 articles from a myriad of government and state agencies, nonprofit organizations, and periodicals on the topic of sexually transmitted diseases.

ONLINE RESOURCES:

<http://www.jocolibrary.org/health>

<http://health.jocogov.org/>

<http://www.cdc.gov/>

MATERIALS FOR CHILDREN AND TEENS:

ER READER Demuth

Demuth, Patricia. **Achoo!: All About Colds**

Explains in a language for young children how a person catches a cold, how the body fights the germs, and how other people can take precautions against getting another's cold.

J 614.4 Friedlan

Friedlander, Mark P. **Outbreak: Disease Detectives at Work**

Describes epidemiology and its history, presenting historical and modern case studies, biological explanations of diseases, and the microbes most likely to be used by bioterrorists.

J 614.5 Grady

Grady, Denise. **Deadly Invaders: Virus Outbreaks Around the World, From Marburg Fever to Avian Flu**

In-depth chapters on the origins and spread of Marburg, avian flu, HIV, SARS, West Nile virus, hantavirus, and monkeypox, and the health dangers we face in a global society.

J 616.2 Silverst

Silverstein, Alvin. **Common Colds**

Explains in a language for older children how people catch colds, how the body fights the germs, how colds are spread, and what precautions people can take against them.

YA 616.951 Byers

Byers, Ann. **Sexually Transmitted Diseases: A Hot Issue**

Written for teens, this book describes sexually transmitted diseases, explaining how they are transmitted, how they manifest themselves, and how they can be avoided or treated.

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